

Gippsland 2018 Health and Community Services Forum

“Education and Industry Coming Together”
Better Mental Health for Gippsland Communities
Federation Training, Princess Hwy Traralgon
Monday October 15th 2018

Session Time	Auditorium	Conference Room 1 (Down Stairs)	Conference Room 2 (Down Stairs)	Tutorial Rooms 2 & 3 (Upstairs)
8.15am-8.30am	Registrations Open			
8.30-9.30	<p>Conference Welcome- Opening Address MC Tim Waite</p> <p>Presentation Title: <i>10 Year Mental Health Plan</i></p> <p>Keynote speaker: MP Harriette Singe- Elected to the Upper House in November 2014. Harriet Shing was a Lawyer and has previously worked as a senior policy adviser, lawyer and industrial relations specialist in the Victorian private, public and not-for-profit sectors.</p>	<p>Presentation Title: <i>Aged Persons Mental Health</i></p> <p>Keynote Speaker: Paul Sadler- MAPS MCCLP Community Mental Health Service South West Gippsland Bass Coast & Melbourne Metropolitan</p>	<p>Presentation Title: <i>Bullying & its Relationship to Poor Mental Health</i></p> <p>Keynote Speaker: Dr Evita March Senior Lecturer Psychology Faculty of Health Federation University Berwick. Her research includes cyber psychology and personality; specifically, personality traits that predict perpetration of online antisocial behaviours. Her work on predicting the personality traits and motivations of Internet ‘trolls’ was an Australian first study, and she has received both national and international recognition for her research on Cyber Hate.</p>	
9.30am-10.30	<p>Presentation Title: <i>Substance Abuse and Mental Health</i></p> <p>Keynote speaker: Professor Steve Allsop, National Drug Research Institute Faculty of Health Sciences Curtin University WA. Steve Allsop has been involved in policy, prevention and treatment research and practice and professional development for health, police, education, and community organisations for over 35 years. He has managed prevention, policy and treatment services. Until September 2016 he was Director of the National Drug Research Institute (NDRI) at Curtin University. He has previously worked as the A/Executive Director, Drug and Alcohol Office, Western Australia and the Director of the National Centre for Education and Training on Addiction, Flinders University of South Australia. His contribution to the field has been recognised with induction into the WA Alcohol and Other Drug Awards Honour Roll, the APSAD senior</p>	<p>Presentation Title: <i>Trauma Informed Practice</i></p> <p>Keynote Speaker: Alison Fonseca Quantum Support Services Registered psychologist and an accredited supervisor with the Psychology Board of Australia; a Fellow of the College of Counselling Psychologists, Australian Psychological Society; and a clinical member of the Australian Association of Family Therapists. 18 years working in settings such as community health, non-government organisations, education, private practice, consultancy, primary</p>	<p>Presentation Title: <i>Business Model verses Community Service (Not for Profit) Delivery Model</i></p> <p>Keynote Speaker: Nicole Bish Pomegranate Clinical Psychologist/ Manager Pomegranate Community Mental Health Service St John of God Health Care</p>	<p>Presentation Title: <i>Building a Mentally Healthy Workplace Culture</i></p> <p>Keynote Speaker: Yasmin Schaefer - Mindful Employer 2 Hour Workshop</p>

	scientist award in 2015 and the National Alcohol and Other Drugs Honour Roll in 2017.	and tertiary services, and all levels of government.		
10.30am-11.30am Concurrent Sessions	<p>Presentation Title: <i>Trauma Informed Practice</i></p> <p>Keynote Speaker: Hayley Peckham –Spectrum, Eastern Health Experiences shape brains: How a neuroplastic narrative underpins trauma-informed care Haley became a mental health nurse, began her own psychotherapy and studied neuroscience Haley gained a PhD from Melbourne University on the topic of neuroplasticity: how experiences shape brains. She wants to share her understanding of the biology of complex trauma and the necessity for trauma-informed care.</p>	<p>Presentation Title: <i>Practitioner Wellbeing</i></p> <p>Keynote Speaker: Dr Suzanne Deed Psychologist- 20 years practice experience and research in the field of mental health. Worked in Gippsland for the last 15 years</p>	<p>Presentation Title: <i>Farmers Mental Health</i></p> <p>Keynote Speaker: Ashley Horsburgh Latrobe Region Hospital- Community Development Coordinator Farmers Mental Health</p>	<p>Presentation Title: <i>Building a Mentally Healthy Workplace Culture</i></p> <p>Keynote Speaker: Yasmin Schaefer- Mindful Employer 2 Hour Workshop</p>
11.30am -12.00pm	Refreshments			
12.00pm-1.00pm	<p>Presentation Title: <i>Adolescent Mental Health</i></p> <p>Keynote Speaker- Dr Alberto Veloso Mental Health Foundation Australia MBBS, MPsychiatry, Cert Child Psych, FRANZCP, FRACP Child Psychiatrist and General Paediatrician, with fellowships from the Royal Australian College of Psychiatrists and Royal Australian College of Physicians. Alberto has a wealth of experience with The Royal Children’s Hospital, Austin Health and Western Health. He is passionate and understands the needs of children and families</p>	<p>Presentation Title: <i>Front Line Management/First line Responses/ Deescalating</i></p> <p>Keynote Speaker: Jo Colvin Latrobe Regional Hospital Alcohol and Other Drug (AOD) Nurse Practitioner for the Emergency Department at Latrobe Regional Hospital 30 years’ experience in a range of nursing settings</p>	<p>Presentation Title: <i>Managing Client Aggression</i></p> <p>Keynote Speaker: Kellie Buissink Latrobe Regional Hospital Clinical Health Educator Mental Health Latrobe Regional Hospital</p>	<p>Presentation Title: <i>Farmers Mental Health</i></p> <p>Keynote Speaker: Tim Saal Manager – Rural and Remote Programs Victoria Tim has developed and implemented the Rural Minds, ‘Me & My Community’, the Building Bridges Program and the Roadshow Initiative. Tim manages the Partners In Recovery program in the South Burnett and Western Downs within the Darling Downs and South West Queensland consortia. Tim also represents RRMH on several state and national steering committees and research advisory groups.</p>
1.00pm-2.00pm	<p>Presentation Title: <i>Managing Aggressive Clients</i></p> <p>Keynote Speaker: Paula Ross 360Edge Paula Ross is one of Australia’s most experienced alcohol and other drug clinical trainers. She has a background in counselling psychology and has worked for more than 25 years in clinical practice, training and clinical supervision, in both hospital and community settings and in the public and private sectors. She</p>	<p>Presentation Title: <i>Trauma Informed Practice</i></p> <p>Keynote Speaker: Veronica Hamilton- Latrobe Regional Hospital Clinical Nurse Educator working in the Mental Health in a variety of mental health settings, and worked with both adults, children</p>	<p>Presentation Title: <i>Suicide Prevention & Mental Health</i></p> <p>Keynote Speaker: Owen Connolly Latrobe Regional Hospital 26 years’ experience within mental health and drug settings in the delivery of clinical care, education and leadership. Mental Health Nurse Practitioner with a scope of practice</p>	

	is 360Edge's principal clinical training consultant and is a key trainer in managing ice, responding to domestic and family violence and trauma informed care.	and youth experiencing mental health problems. Adolescent Mental Health First Aid Trainer, Applied Suicide Interventions Skills Trainer	in mental health and suicide prevention. He developed Gippsland Suicide Prevention Service	
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