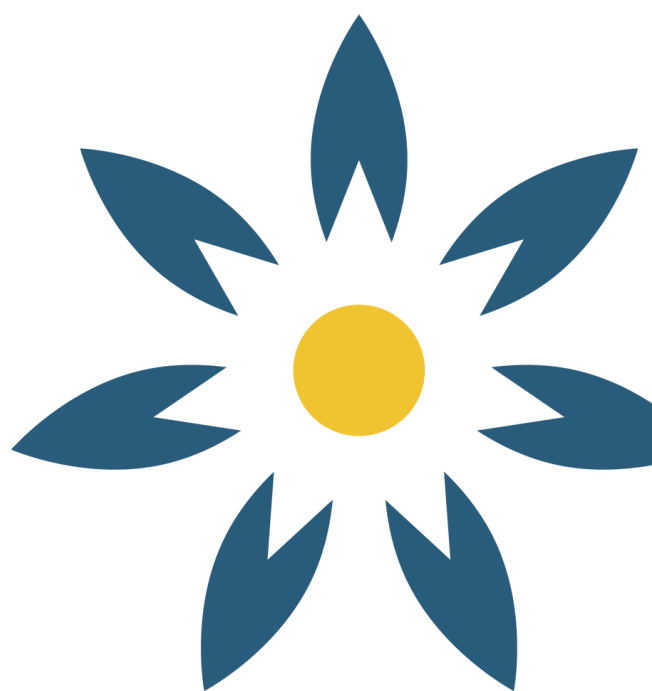




2019 Budget Summary

2 April 2019



Mentally healthy people,
Mentally healthy communities

Mental Health Measures

The Government has provided \$736.6 million for mental health and suicide prevention in two key areas across 25 specific initiatives over the next seven years.

1. Youth and Indigenous Mental Health and Suicide Prevention Plan

The Government will provide \$461 million for a national strategy to prevent suicide and build mental wellbeing.

This includes:

- \$15 million over three years from 2019-20 to the Australian Institute of Health and Welfare for the improvement of data on self-harm and suicide to assist governments, communities and mental health and suicide prevention bodies to better respond to incidents of self-harm and suicide. The proposal for a national suicide and self-harm monitoring system was one of the outcomes from the National Suicide Prevention Summit hosted by the Minister for Health in early December 2018.
- A Suicide Prevention Co-ordinator will be established within the Prime Minister's Department to promote a national whole-of-government approach to suicide prevention.

Specific funding for the Youth and Indigenous Mental Health and Suicide Prevention Plan is focussed on the following key areas:

headspace

Prioritising Mental Health — national headspace network

Expense (\$m)	2018-19	2019-20	2020-21	2021-22	2022-23
Department of Health	13.9	16.7	34.3	42.6	45.9

The Government will provide \$263.3 million over seven years from 2018-19 (including \$109.9 million beyond 2022-23) to improve access to youth mental health services across the national headspace network.

This includes:

- \$152 million over seven years to help headspace centres experiencing high levels of demand to improve their services and reduce waiting times so young people can get more rapid support in times of need.



- \$111.3 million for an additional 30 headspace services – 10 new centres and 20 satellite services, including satellite services in Sarina and Whitsunday, Queensland. This will expand the headspace network from 115 to 145 services across Australia by 2021.

headspace – Early Psychosis Youth Service

Prioritising Mental Health — Early Psychosis Youth Services

Expense (\$m)	2018-19	2019-20	2020-21	2021-22	2022-23
Department of Health	-	-	-	-	-

The Government will provide \$109.7 million to extend the Early Psychosis Youth Services program for an additional two years from 2019-20 to continue support for young people to access specialist mental health services.

EPYS provides specialist clinical services for young people at the early stages of severe mental illness. The EPYS program is being rolled out in 14 headspace services:

- Southport and Meadowbrook, Queensland
- Mount Druitt, Parramatta and Penrith, NSW
- Joondalup, Midland and Osborne Park, WA
- Bentleigh, Dandenong, Frankston and Narre Warren, Victoria
- Darwin, NT
- Adelaide, SA.

Funding for this measure has already been provided for by the Government in the Mid Year Economic and Fiscal Outlook (MYEFO) statement in December 2018, with the extension of funding being announced 19 December 2018.

headspace Young Ambassadors program

The Government will provide \$2 million over four years to headspace for a Young Ambassadors program to promote help seeking. This funding was originally announced 9 January 2019 and the program has commenced.

Indigenous Suicide Prevention

The Government will provide \$14.5 million for four specific initiatives in Indigenous Suicide Prevention:

- \$4.5 million to empower Indigenous leadership to create a national approach to culturally-informed, community-led care



- \$5 million for young people to participate in cultural art and healing programs
- \$3 million for a centre of excellence in childhood wellness to assist children and adolescents affected by childhood trauma
- \$1.2 million for Red Dust to deliver social and emotional wellbeing in the NT.

Childhood and Parenting Support

Funding of \$11.8 million will be provided for five initiatives in Childhood Parenting and Support, with a focus on primary prevention and early intervention.

- \$1.5 million for the Raising Children Network to help parents recognise when their children are struggling and what to do to help
- \$2.5 million for Smiling Minds to help children in schools learn skills to manage their mental and emotional wellbeing
- \$2.8 million for leading youth mental health provider, batyr, to amplify the voices of peers to encourage others to seek help
- An additional \$4 million for Kids Helpline to provide 24/7 phone and online counselling services for young people aged 5 to 25
- \$0.6 million for a trial of peer workers in Beyond Blue's Way Back suicide service, which provides outreach, follow-up care and practical support to people discharged from hospital after a suicide attempt.



2. Community Mental Health

The remaining \$275 million of the total \$736.6 million is allocated to community mental health initiatives focussed more on adults, families and workers:

Community Mental Health Centres

The Government will provide \$114.5 million over five years from 2020-21 for the trial of eight coordinated mental health centres nationally. These centres will be established as walk-in centres offering a range of services, triage, treatment and referral. The centres will aim to enable people to be provided with immediate support and connection to appropriate referral pathways of less-urgent longer term care and support by connecting with other local community services including general practice, Primary Health Networks, and state/territory services.

Residential Eating Disorders centres

The Government will provide \$63 million over the next seven years to establish six Residential Eating Disorders centres, with additional funding for an existing Residential Eating Disorders centre in Queensland. A further \$3.6 million will go to The Butterfly Foundation to help establish and guide the establishment of the centres, with another \$3.6 million provided to enable the National Eating Disorders Collaboration (NEDC) to continue to provide national leadership for eating disorders.

The allocation of funding was announced publicly on the morning of the budget and was welcomed by The Butterfly Foundation.

In December 2018, the Government announced a \$110 million investment in new MBS items for eating disorders.

Mentally healthy workplaces

The Government will provide \$15.2 million for three initiatives to promote mentally healthy workplaces across Australia:

- \$11.5 million over four years from 2019-20 to the National Mental Health Commission for the National Workplace Initiative (NWI) put forward by the Mentally Healthy Workplace Alliance:
 - Australian Chamber of Commerce and Industry, Australian Council of Trade Unions, Australian Industry Group, Australian Psychological Society Ltd, Beyond Blue, Black Dog Institute, Business Council of Australia, Comcare, Council of Small Business Organisations of Australia, Mental Health Australia, National Mental Health Commission, Safe Work Australia, SANE Australia, SuperFriend, University of New South Wales.
- \$2.5 million for Blue Hub to boost the mental wellbeing of the police forces – one of the highest risk professions in relation to mental health and suicide ideation
- \$1.2 million for MATES in Construction to develop a national framework.



Perinatal Mental Health

The Government will provide \$43.9 million over seven years from 2018-19 (and \$8.8 million per year ongoing) for a new Perinatal Mental Health and Wellbeing Program to support the mental health of expectant and new parents by improving access to mental health support and treatment services and increasing community awareness of the mental health issues experienced by new parents.

A proportion of this funding commitment was announced on 12 February 2019.

Natural Disaster Support

Prioritising Mental Health — natural disaster assistance

Expense (\$m)	2018-19	2019-20	2020-21	2021-22	2022-23
Department of Health	2.1	2.6	0.4	0.4	-

The Government will provide \$5.5 million over four years from 2018-19 for additional mental health services and support for communities impacted by natural disasters in Victoria, Queensland and Tasmania. This will include \$1.3 million for the Centre for Post-traumatic Mental Health to develop and implement online training tools to assist health practitioners to better support communities affected by disasters. The Government will also introduce Medicare items to allow General Practitioners to provide telehealth services to flood-affected communities in Queensland until 30 June 2019.

Specific Community projects

The Government will provide \$7 million for the Mind Gardens Alliance to establish a comprehensive brain disorders clinic in Sydney.

Funding of \$1.2 million will be provided for the establishment of a non-clinical suicide prevention and recovery centre in partnership with Roses in the Ocean, to build the capacity of people with lived experience to be involved in all different aspects of suicide prevention.

Funding of \$2 million will be provided for HALT suicide prevention workers in North and East Melbourne, to promote a whole of community approach to suicide prevention.

The Government will provide \$6 million for the Midland Mental Health Emergency Centre to provide care in the Swan and surrounding areas of Western Australia.

