

Training for Transforming Lived Experience into SAFE STORYTELLING



Who We Are

batyr is a leader in lived experience storytelling. Over the past 12 years we have specialised in empowering young people aged 18-30 with the skills to transform their lived experiences of mental health into powerful tools for advocacy and positive change through safe and impactful storytelling. Now, we offer those skills to a wider audience. We are committed to working with organisations to enhance their impact through increased confidence in sharing experiences and perspectives, as well as sharing personal stories across a variety of contexts.

Our Audience:

We target a diverse group including:

- Youth advocates
- Advisory groups
- Consumer groups
- Peer workers
- Reference groups
- Influencers
- Ambassadors
- Speakers

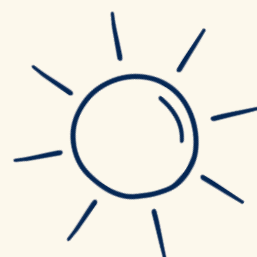
Why choose batyr?

1. Expertise in Lived Experience: We leverage real stories for real impact, ensuring that every narrative is not only heard but felt and acted upon.
2. Tailored Training Solutions: Program can be customisable to meet the specific needs of your organisation, ensuring relevance and maximum impact.
3. Proven Outcomes: With a track record of significantly boosting participants' confidence and effectiveness in storytelling, we prepare advocates who can genuinely make a difference.



"The power and control Being Herd gave me over my own story has given me the skills to change the lives of friends, family and young people"

"This was one of the most validating and powerful experiences I have ever had in relation to my mental health. It's such a safe and warm environment to explore your mental health experience and feel supported while doing."



"100% one of the best things I've done. I feel like I am walking out stronger and so much less alone. A Powerful awakening of my unlimited human potential"

Program	Description	Duration	Ages	Takeaways	Cost
Being Herd	Our flagship training brings together 7-10 young people (aged 18-30) to begin crafting and sharing their mental health journeys safely and effectively.	1 day + online modules	18-30	<p>Outcomes:</p> <ul style="list-style-type: none"> - Increased confidence in sharing lived and living experience - Strengthened belief in the value and impact of their stories. <p>Resources:</p> <ul style="list-style-type: none"> -Story Development booklet -Creation of a personal narrative -Ongoing access to online training 	\$5,000 - \$15,000
Get Talking	Focuses on sharing personal experiences and perspectives tailored to organisational contexts.	1 day	16+	<p>Outcomes:</p> <ul style="list-style-type: none"> -Enhanced ability to share personal insights - Identification and management of boundaries <p>Resources:</p> <ul style="list-style-type: none"> - Get Talking booklet 	Approx. \$10,000
Introduction to Safe Storytelling	Teaches the essentials of communicating about mental health safely and effectively.	2 hours	All ages	<p>Outcomes:</p> <ul style="list-style-type: none"> - Improved communication on mental health - Initiation of more mental health conversations - Enhanced understanding of mental health strategies <p>Resources:</p> <ul style="list-style-type: none"> - Digital safe storytelling booklet. 	\$3,000 - \$5,000

To learn more about how batyr can help your organisation harness the power of lived experience storytelling, contact rob@batyr.com.au today. Empower your team to turn their challenges into tools for change.



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