MEDIA RELEASE

Mental Health Australia

12 June 2018 | For immediate release

Mental health advocates receive Queen's Birthday honours

Mental Health Australia CEO Mr Frank Quinlan has today congratulated the mental health advocates who received Queen's Birthday honours yesterday.

From Claremont in Western Australia to Boolaroo in NSW, mental health consumers, professionals, administrators and advocates have been honoured in areas as diverse as infant mental health, community health, mental health leadership in the Australian Defence Force, and mental health reform.

"Our mental health system relies heavily on the passion, professionalism and the expertise of many people, and I would like to congratulate these worthy recipients, a reflection of the work and success of the wider sector," said Mr Quinlan.

"To see mental health advocates honoured in such a way only highlights the importance of the work we do day in and day out to achieve our vision at Mental Health Australia of mentally healthy people and mentally healthy communities."

"Mental Health Australia members and I would also particularly like to congratulate Mental Health Australia Chair Ms Jennifer Westacott AO and Deputy Chair Ms Robyn Kruk AO on the honour of Officer in the General Division.

"Both Jennifer and Robyn have been assets to the mental health sector for some time, and to have their contributions to public administration and reform acknowledged, is a terrific and deserving achievement for both."

The official list of recipients in the Queen's Birthday 2018 honours list <u>can be found here</u> or see below for a snapshot of some of the mental health advocacy recipients.

OFFICER IN THE GENERAL DIVISION (AO)

Ms Robyn Caroline KRUK AM, Coogee NSW. For distinguished service to public administration, particularly through mental health reform, to environmental protection and natural resource management, and to food standards.

Ms Paula Ruth NATHAN Claremont WA. For distinguished service to community health as a psychologist, particularly to understanding mental health disorders, and to establishing specialised treatment and support services.

Ms Jennifer Anne WESTACOTT Woolloomooloo NSW. For distinguished service to private and public sector administration through executive roles, to policy development and reform, to cross sector collaboration, to equity, and to business.





MEMBER IN THE GENERAL DIVISION (AM)

Mrs Lesley Janet KEALTON Gold Coast Qld. For significant service to community health as an advocate for support for people with a mental illness, and their carers and families.

MEMBER IN THE MILITARY DIVISION (AM)

ROYAL AUSTRALIAN NAVY

Colonel Nicole Louise SADLER CSC ACT For exceptional performance of duty in the field of mental health leadership, strategy and reform for the Australian Defence Force.

MEDAL IN THE GENERAL DIVISION (OAM)

Mr Douglas John HOLMES Boolaroo NSW. For service to community health.

Dr Ann Eluned MORGAN Richmond Vic. For service to medicine, particularly to infant mental health.

Mrs Edna Fortunata NOWLAND Quakers Hill NSW. For service to people with mental health issues through support roles.

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