Charter 2020: Time To Fix Mental Health

The Hon Scott Morrison MP Prime Minister PO Box 6022 Parliament House Canberra ACT 2600 16 September 2019 Dear Prime Minister Re: Charter 2020: Time To Fix Mental Health We the undersigned have been very encouraged by your commitment to improving Australia's mental health. We the undersigned have been encouraged by your Treasurer's comments in his 2019 budget speech that "mental health is an issue of deep concern to all Australians." We the undersigned have been encouraged by your personal commitment to reducing youth suicide and Indigenous suicide, and by the personal passion of your Minister for Health to act on lasting mental health reform. And we the undersigned welcomed the Coalition Government's strategic vision in establishing a Productivity Commission Inquiry into Mental Health. An Inquiry that has received over 500 submissions, and an Inquiry that will provide your Government with a once in a generation opportunity to fix mental health in Australia. In support of your reform agenda, we have developed a consensus statement. Enclosed with this letter is our Charter 2020: Time To Fix Mental Health outlining nine key areas of mental health reform – all agreed by the undersigned. We the undersigned stand ready to assist you and your Government to implement the very real reforms that will be required as a result of the Productivity Commission Inquiry We would welcome the opportunity to discuss our shared ambitions with you, and would invite you to do this on Tuesday 26 November, 2019 at the Mental Health Australia Members Policy Forum at Parliament House in Canberra. It is time to fix mental health. Let's not miss this important and lifesaving opportunity. Sincerely,

Australia's mental health requires urgent action. The Productivity Commission Inquiry into Mental Health provides a once in a generation opportunity to realise our nation's mental wealth, and to finally fix our ailing mental health system. We know that investing in mental health provides substantial personal and economic b

It's time to

enefits. We k x mental hea	now what to d	do.	
x mentat nea	itti i.		
(Culverlouse	SmQ	Af J.	Chin Jones
Rebecca Culverhouse, CEO Accoras	Dalane Drexler, Executive Officer ACT Mental Health Consumer Network	Dr Andrew Young, CEO Aftercare	Chris Jones, CEC Anglicare Tasman
Alana,	Villet S	Lutar & Culue	Blgc
Rita Brown, President Australian BPD Foundation Limited	Associate Professor Vida Bliokas, President Australian Clinical Psychology Assoc.	Eimear Muir-Cochrane, President Australian College of Mental Health Nurses	Bridgit Hogan, Exect Officer Australian Music The Association
au th	MEA	Ja	M.B. Cears
Annie Butler, Federal Secretary Australian Nursing and Midwifery Federation	Peter Eastwood, President Australasian Sleep Association	Nic Brown, General Manager batyr	Michael Geary, CE Banyule Community H
Helen Christenson	Cim	Tan Hickie	
Scientia Professor Helen Christensen AO, Director Black Dog Institute	Cathy Kezelman, President Blue Knot Foundation	Professor Ian Hickie, Co- Director Brain and Mind Centre	David Carmody, Dire Call to Mind
S. H. Paton	Sc lef.	alresowell	John whother
Sandy Paton, President Capricorn Community Development Association	Lisa Kelly, CEO Carers ACT	Ara Cresswell, CEO Carers Australia	Hon John Watkins AM, Catholic Health Aust
Ursila Skyluns	N	W.R. Spe	flalle
Dr Ursula Stephens, Chief Executive Officer Catholic Social Services Australia	Nicole Bartholomeusz, Interim CEO Cohealth	Bill Gye OAM, CEO Community Mental Health Australia	John Mendoza, Dire ConNetica
Australia	Chostyland	14	19Am
Tony Lawson, Chair Consumers Health Forum of Australia	Robert Hunt, CEO Dietitians Assoc. of Australia	Lana Schwartz, President Employee Assistance Professionals Association of Australasia (EAPAA)	Bill Gamack, CEC EPIC Assist
Mowell	M. Len (John /w	taglo
Anita Hobson-Powell, CEO Exercise and Sports Science Australia (ESSA)	Mohammad Al-Khafaji CEO Federation of Ethnic Communities' Councils of Australia,	Patrick Lawrence, CEO First Step	Mark Orr AM, CEC Flourish Australia
Michael Rom	Oli	D. BS	27
Michael Thorn, CEO Foundation for Alcohol	Arabella Gibson, CEO Gidget Foundation Australia	David Butt, CEO Grow	Jason Trethowan, C headspace
Research and Education	James L	Manias	Und Sters
Liz Mullinar, CEO Heal for Life	Tom Nehmy, Director Healthy Minds	Debbie Childs, CEO HelpingMinds	Nicole Steers, Acting Jobs Australia
E. Holyo	J. Bgrold	Raymany.	X-Qd
Ellie Hodges, Executive Director Lived Experience Leadership and Advocacy Network	Jocelyn Bignold, CEO McAuley Community Services for Women	Professor Bruce Bonyhady AM Executive Chair & Director Melbourne Disability Institute	Frank Quinlan, CE Mental Health Austr
9	geny heremont	le-	View
Jeremy Coggin, President Mental Health Carers Australia	Jenny Learmont, President Mental Health Carers NSW	Geoff Harris, Executive Director Mental Health Coalition SA	Simon Viereck, Exec Officer Mental Health Comm Coalition ACT
Carriel Willett	(2004)	mar Dethy	SAnderson
Carmel Tebbutt, CEO Mental Health Coordinating	Connie Digolis, CEO Mental Health Council of	Maxine Griffiths, CEO mental health families and friends TASMANIA	Shannon Anderson, A CEO Mental Health First

An agreement that delivers integration and coordination of mental health services, including agreed objectives, indicators, monitoring arrangements and funding between all levels of government.

This is our Charter 2020: Time To Fix Mental Health

BUILD A MENTAL HEALTH SYSTEM THAT IS TRULY PERSON LED

STRIKE A NEW NATIONAL AGREEMENT FOR MENTAL HEALTH

A system centred on what people with lived experience mental health issues and their carers say they need, including the structures and processes required to ensure codesign of services and programs.

ADDRESS THE ROOT CAUSES OF MENTAL HEALTH ISSUES

Eliminate stigma and discrimination and address the social and environmental determinants of poor mental health including housing, employment, trauma, physical health, income support, and environment.

INVEST IN EARLY INTERVENTION AND PREVENTION

Programs and supports that intervene early to prevent people from becoming mentally ill and stop emerging mental illnesses from becoming more severe.

FUND INDIGENOUS MENTAL HEALTH, WELLBEING AND SUICIDE PREVENTION **ACCORDING TO NEED**

Including dedicated strategic responses co-designed and co-implemented with Indigenous leaders, consumers and communities. This should be guided by the National Strategic Framework for Aboriginal and Torres Strait Islander Peoples' Mental Health and Social and Emotional Wellbeing 2017-2023, the National Aboriginal and Torres Strait Islander Suicide Prevention Strategy 2013, and the Gayaa Dhuwi (Proud Spirit) Declaration.

PROVIDE INTEGRATED, COMPREHENSIVE SUPPORT SERVICES AND PROGRAMS

Full suites of services and programs required to support mental health and ensure intensive, team based and integrated care is available for all those experiencing a mental health crisis, and addressing the needs of people who have traditionally missed out, such as culturally and linguistically diverse, LGBTIQ+ populations, and people living with intellectual disability.

EXPAND COMMUNITY BASED MENTAL HEALTH CARE

Ensure there are psychosocial programs and team based care options to provide community based care and to avoid hospitalisation wherever possible.

SUPPORT WORKFORCE DEVELOPMENT

Invest in systematic workforce development, including peer workers, volunteers, paid and unpaid carers, community workers and clinicians.

BUILD AN EVIDENCE BASED, ACCOUNTABLE AND RESPONSIVE SYSTEM

Ensure constant research and evaluation, transparent monitoring of prevalence, availability of services and programs, system performance and gaps. Ensure targeted and timely response to identified gaps, system failures and poor performance.



Angus Clelland, CEO



Black Dog

call to mind

Carersact

Catholic Social Services Australia

ESSA:

flourish

Grow |

McAuley Community Services for Women

ConNetica

