

Adult Mental Health Centres

Mental Health Australia – Mini Members Policy Forum
16 July 2020

Prioritising Mental Health – Adult Mental Health Centres

- 2019-20 Federal Budget announcement
- \$114.5 million to fund the trial of eight Centres
- South Australia: opening in late 2020
- Other states & territories: opening in 2021-22 financial year
- Funding for establishment costs + 3 years of operational costs

Locations

- Corio (Geelong) VIC
- Penrith, NSW
- Canberra, ACT
- Launceston, TAS
- Townsville, QLD
- Greater Darwin, NT
- North Perth, WA
- Adelaide, SA

Project Governance

- Adult Mental Health Centres Technical Advisory Group (TAG)
- PHN Steering Group
- State and Territory Senior Officials Mental Health Implementation Steering Group

Principles

1. Offer a highly visible and accessible 'no wrong door' entry point for adults to access information and services which are designed to empower, support and improve their psychological and physical health, and social and emotional wellbeing.
2. Provide information and services which can assist those providing support to people in need.
3. Provide a welcoming, compassionate, culturally appropriate and safe environment that is inclusive for all people accessing services or support.
4. Provide access to best practice on the spot advice, support and treatment for immediate, short term, and where appropriate, medium term needs delivered by a multidisciplinary professional health care team including a suitably trained peer support workforce, nursing and allied health and specialist medical care, without prior appointments or a fee.
5. Assist people in need to find, access and effectively utilise digital forms of help including information, support and therapies.

Principles of the Service Model - cont

6. Support people to connect to pathways of care through integration with longer term existing community mental health services where these are accessible, local Primary Health Network commissioned services, or GPs and state and territory funded services, as required.
7. Provide an option for intervention and support that may reduce the need for emergency department attendance.
8. Explore opportunities for the development and utilisation of innovation to complement defined core functions.
9. Implement appropriate confidentiality and privacy arrangements in accordance with relevant legislation.
10. Operate under robust effective governance frameworks and conduct local evaluation activities, to ensure transparency and accountability and maximising service quality.

Core services

1. Responding to people experiencing a crisis or in significant distress
2. Providing a central point to connect people to other services in the region
3. Provide in-house assessment, including information and support to access services
4. Evidence-based and evidence-informed immediate, and short to medium episodes of care

Out-of-Scope

- Services for people in need of urgent emergency department care
- Acute reception of police or ambulance referral
- Pathology, radiology or pharmacy services
- Ongoing, long term psychosocial support or recreational services
- Financial support
- Residential or bed-based services
- Services targeting children and youth under 25 years old
- Disability support services provided through the NDIS
- Other services which are provided by other agencies in the area

Multidisciplinary team approach

- Peer support workers
- Mental health nurses
- Allied health professionals
- Care navigators
- Clinical psychologists
- Social workers
- Aboriginal health workers
- General Practitioners
- AOD professionals
- Psychiatrists and registrars
- Transcultural health workers
- Vocational support workers

Public Consultation

- Public Consultation on the proposed Service Model opened on 1 July 2020.
- Share your views by 29 July 2020.
- Visit the Department's Consultation Hub webpage at:

www.consultations.health.gov.au

Next steps

- Final service model endorsed by Minister
- National branding
- Evaluation

Questions?

- Need more information, email: mental.health.liaison@health.gov.au