MEDIA RELEASE

Mental Health Australia

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What's the plan for mental health?

In the last week alone, the Coalition, Labor and Greens have all made statements about the importance of mental health for all Australians.

At the start of this election campaign, Mental Health Australia has written to the leaders of the major parties asking them to lay out their plans for the mental health of all Australians. Their plans for the one in five Australians who will report serious mental illness each year.

Mental Health Australia CEO Frank Quinlan said voters demand real plans and policies on mental health to inform their vote.

"Australians want to know what each party plans for the one in five Australians who will be affected by mental health annually. Many of whom will vote on 18 May," said Mr Quinlan.

"Australians want to know what the plans are for the children, who with the right support early, might avoid mental illness."

"Australians want to know what the plans are for those who, while ill today, could enjoy better mental health tomorrow."

"Australians want to know what the plans are for the workforce who work tirelessly in a fragmented system, often in the face of unreasonable demands and great policy uncertainty."

"What are the plans for the families and friends who offer unpaid support as carers?"

"What are the plans for workplaces, where lost productivity and lost opportunities for early intervention leave us with greater human suffering and lesser national productivity than we could otherwise enjoy?

"In recent weeks we've heard a lot about the importance of mental health from all sides of politics. It's now time to hear about the detailed policies and plans parties will take to the election, so Australians can make an informed decision and vote with mental health in mind on Saturday 18 May."

"Because #mentalhealthvotes."

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