

The Australian National University  
Centre for Mental Health Research

**CMHR 2019 Workshop Series 2**  
**on Mental Health Policies and Suicide Prevention**

**ehealth for suicide prevention**  
local and international challenges and opportunities

THURSDAY | MAY | 02 | 2019

9.30am – 1.05pm  
Registration from 9.15pm

AUSTRALIAN NATIONAL UNIVERSITY  
Innovations Theatre  
Anthony Low Building 124, Eggleston Rd, ACTON



Register at <https://bit.ly/2D3Ibuj>

Follow us @CMHR\_ANU

CMHR 2019 Workshop Series 2  
on Mental Health Policies and Suicide Prevention

**ehealth for suicide prevention**  
local and international challenges and opportunities

THURSDAY | MAY | 02 | 2019 9.30am – 1.05pm



**Convenor and Chair:** Annette Erlangsen, Hon Associate Professor, Centre for Mental Health Research

9.15 – 9.30am

REGISTRATION

9.30 – 9.40am

WELCOME

Prof Luis Salvador-Carulla

Head, Centre for Mental Health Research, Australian National University

9.40 – 10.10am

PRESENTATION

**eHealth interventions in France: initiatives and challenges**

Prof Karine Chevreul

Professor of Public Health and Health Economics URC Eco, Paris, France

10.10 – 10.40am

PRESENTATION

**European eHealth project**

Dr Jean-Luc Roelandt

French WHO Collaborating Centre for Research and Training in Mental Health (WHOCCLille, France)

10.40 – 11.05am

MORNING TEA

11.05 – 11.35am

PRESENTATION

**The effectiveness of using the internet to support suicidal individuals**

A/Prof Philip Batterham

Deputy Head, Centre for Mental Health Research, Australian National University

11.35 – 12.05pm

PRESENTATION

**The Living with Deadly Thoughts self-help online program for suicidal thinking: Trial outcomes and suicide trajectories in an Australian community sample**

A/Prof Alison Calear

Senior Fellow, Centre for Mental Health Research, Australian National University

12.05 – 12.35pm

## PRESENTATION

### **eHealth interventions in Denmark: safety plans and avatars**

A/Prof Annette Erlangsen

Hon Associate Professor, Centre for Mental Health Research, Australian National University

12.35 – 1.05pm

## INTERACTIVE SESSION – QUESTIONS AND COMMENTS

## CONFIRMED SPEAKERS

### **Prof Karine Chevreul**



Karine Chevreul is a medical doctor and professor in public health, specialising in health policy and health economics. She completed her PhD at the London School of Economics and has been a technical advisor to policy makers and ministers of health and of social security, elderly, disabled and family. Her field of research covers health services research, and e-health in the field of mental health. She is currently the Head of Health Services Research Projects in the Health Economics and Health Services Research Unit of the Paris Hospital Consortium (AP-HP) and the Head of an INSERM (National Institute for Medical Research) and University of Paris 7 team (ECEVE), which is dedicated to providing evidence for decision making for vulnerable groups of people, notably people with mental health problems. She is currently at the ANU under the Jean Monnet Europa Policy Labs Visiting Fellowship.

### **Dr Jean-Luc Roelandt**



Dr Jean-Luc Roelandt is a psychiatrist, and is Director of the WHO C.C. for mental health (Lille, France) and Chairman of the Medical Committee of the Public Mental Health Trust Lille Metropole. Over 30 years he has built with his team, a network with general practitioners, nurses, social services, municipalities, local representatives, users and families. This organisation allows psychiatric services to be fully integrated in the primary care system, progressively decreasing the number of inpatient beds and reinforcing citizen integration. His research topics of interest cover epidemiology, socio-anthropology, mental health policies, organisation, monitoring and evaluation of mental health services.

### **A/Prof Philip Batterham**



Phil Batterham is an Associate Professor and Deputy Head of the Centre for Mental Health Research, The Australian National University. Phil is a research leader in developing more efficient and precise tools to assess suicidality and mental disorders, developing and implementing online programs to prevent suicide and mental health problems, and reducing barriers to help seeking. His work centres around the application of implementation science, advanced statistical methods and emerging technologies to improve the prevention and treatment of suicidal behaviour, depression and anxiety disorders. He has published more than 150 journal articles and received more than \$28 million in research funding.

## SPEAKERS Cont'd

### A/Prof Alison Calear



Associate Professor Alison Calear is an NHMRC Career Development Fellow based at the Centre for Mental Health Research, ANU. Her areas of research expertise include youth mental health, eHealth and the prevention and early intervention of anxiety, depression and suicide. Alison currently leads the evaluation of a number of suicide prevention programs in schools.

### A/Prof Annette Erlangsen



Annette Erlangsen is an Honorary Associate Professor at the Centre for Mental Health Research, ANU, and Program Leader at Danish Research Institute for Suicide Prevention, Denmark. She has a background in epidemiology, demography as well as sociology and has worked in the field of suicide research over the past 18+ years. In 2003, she received the Young Lecturer Award at the European Symposium for Suicide and Suicidal Behaviour and in 2014 she was awarded the Alexander Gralnick Award from the American Association of Suicidology and the Danish Nordentoft Award.